

BREAKFAST MENU

Bacon sandwich (330 kcal)
£3.65

1 x rasher of bacon (50 kcal)
£1.00

Sausage sandwich (435 kcal)
£3.65

1 x sausage (85 kcal)
£1.00

2 x crumpets (183 kcal) vgn
£2.10

Toasted teacake (190 kcal) vgn
£2.10

1 x toasted muffin (220 kcal) vgn
£2.10

CHILDREN'S LUNCH BOX

£4.50

1 small sandwich. Choose from:

ham brown bun	(192 kcal)
ham white bun	(186 kcal)
cheese brown bun	(251 kcal) v
cheese white bun	(245 kcal) v

1 packet of crisps

1 carton of juice or a can of water

1 piece of fruit

1 Babybel

1 Kit Kat or 1 Milky Way

SANDWICHES

Sub roll

£4.50

Gluten free roll

£4.50

All wraps

£4.50

Deli salad bowl

£4.50

Kids sandwiches

£1.50

All sandwiches

£3.95

COLD DRINKS

Where not indicated please see packaging for information

Canned drinks £1.35	Slush £2.00	(40 kcal)
Diet canned drinks £1.25	Milk £0.95	(94 kcal)
Mineral water £1.25	Orange squash £0.50	(5 kcal)
Pure apple juice £1.15	Blackcurrent squash £0.50	(1 kcal)
Pure orange juice £1.15		

FRUIT

Apple £0.85	(95 kcal)	Satsuma £0.85	(47 kcal)
Banana £0.85	(111 kcal)		

CRISPS

All flavours £0.95	(see packaging)
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HOT DRINKS

Americano £2.95	(5 kcal)	Cappuccino £2.95	(67 kcal)
Espresso £2.95	(5 kcal)	Mocha £2.95	(124 kcal)
White coffee £2.95	(56 kcal)	Hot chocolate £2.95	(131 kcal)
Latte £2.95	(71 kcal)	Deluxe hot chocolate £3.45	(256 kcal)
Flavour shot £0.50	(93 kcal)	Marshmallows & cream £0.50	(125 kcal)
Tea per person (without milk) £2.00	(1 kcal)		
Herbal tea £2.00	(2 kcal)		

Oat, soya and semi-skimmed milk, brown and white sugar available

v - vegetarian

vgn - vegan

gf - gluten free

HOT FOOD

Subject to availability

1 x jumbo fish finger (165 kcal)
£1.75

Sausage roll (371 kcal)
£1.85

Cheese & onion pasty (410 kcal) v
£2.75

Corned beef pasty (560 kcal)
£2.75

Chicken & mushroom pie (487 kcal)
£2.75

8 x cod bites (258 kcal)
£3.70

4 x cod bites (129 kcal)
£1.85

8 x chicken nuggets (320 kcal)
£3.70

4 x chicken nuggets (160 kcal)
£1.85

Chips (657 kcal) v
£2.75

Mushy peas (106 kcal) v
£0.95

Beans (118 kcal) v
£0.95

Gravy (93 kcal) vgn

1 x piece of pizza (270 kcal) v
£2.95

Half piece of pizza (135 kcal) v
£1.50

Childrens meal deal

Chicken nuggets, cod bites or half piece of pizza which chips and beans plus a carton of juice.
£4.95

Adults meal deal

Any hot item plus chips and beans plus a hot drink.
£6.95

ICE CREAM

Where not indicated please see packaging for information

Magnum classic / white
£2.20

Feast
£1.75

All other magnums
£2.20

Calippo
£1.75

Cornetto
£2.20

Twister
£1.75

Smarties push up
£1.95

Mini milk
£1.10

Ice cream tub
£1.75

CHOCOLATE

Where not indicated please see packaging for information

Single milky way
£0.75

Twix
£0.95

2 finger kit kat
£0.75

Dairy milk
£0.95

Mars bar / snickers
£0.95

Maltesers
£0.95

4 finger kit kat
£0.95

SOUP

Served with a roll, one option available per day

Tomato & basil £4.40	(230 kcal) gl & v	Soup roll brown £0.60	(109 kcal)
Country vegetable & red lentil £4.40	(140 kcal) vgn	Soup roll white £0.60	(103 kcal)

JACKET POTATOES

Served with salad garnish, coleslaw and crisps (273 Kcal)

Plain £4.95	(145 kcal) vgn	With cheese £4.95	(560 kcal) v
With tuna mayo £4.95	(339 kcal)	With cheese & beans £4.95	(526 kcal) v
With beans £4.95	(239 kcal) v	With chicken tikka & mint mayo £4.95	(843 kcal)

CAKES

**Raspberry victoria
sponge** (502 kcal) v
£2.95

Carrot cake (405 kcal) v
£2.95

Red velvet cake (477 kcal) vgn
£2.95

**Triple chocolate
muffin** (456 kcal) v
£2.10

**Lemon & white
chocolate muffin** (458 kcal) v
£2.10

**Belgian chocolate
cake** (464 kcal) v
£2.95

Lemon drizzle cake (477 kcal) v
£2.95

Lemon meringue pie (355 kcal) v
£2.95

**Raspberry & white
chocolate muffin** (391 kcal) v
£2.10

Strawberry tart (283 kcal)
£2.95

Angel sparkle cake (632 kcal)
£2.95

Coffee & walnut cake (579 kcal) v
£2.95

SCONES

Fruit scone (361 kcal) v
£2.45

Cheese scone (355 kcal) v
£2.45

Butter (46 kcal)

Flora (62 kcal) vgn

Jam & cream scone (643 kcal) v
£3.45

Toasted teacake (209 kcal) vgn
£2.10

Jam (48 kcal)
£0.45

TOASTIE

Served with salad garnish, coleslaw, and crisps (273 kcal)
Please see on a roll packaging for calorie value of toasties

Cheese
£5.25

v

Cheese & ham
£5.25

Cheese & onion
£5.25

v

Tuna & cheese
£5.25

PANINI

Served with salad garnish, coleslaw, and crisps (273 kcal)
Please see on a roll packaging for calorie value of paninis

Cheese
£5.25

v

Cheese & ham
£5.25

Cheese & onion
£5.25

v

Tuna & cheese
£5.25

BBQ chicken & cheese
£5.25

TRAYBAKES

All butter flapjack	(325 kcal) v	Lemon drizzle traybake	(305 kcal) v
£2.45		£2.45	
Caramel shortbread	(399 kcal) v	White chocolate & cranberry tiffin	(459 kcal) v
£2.45		£2.45	
White chocolate shortcake	(404 kcal) v	Salted caramel & nut slice	(397 kcal) v
£2.45		£2.45	
Peppermint slice	(844 kcal) v	Cherry bakewell	(348 kcal) v
£2.45		£2.45	
Raspberry & coconut slice	(424 kcal) v	Black cherry & almond slice	(402 kcal) v
£2.45		£2.45	
Caramel shortbread	(378 kcal) gf & v	Raspberry & almond tart	(see packet) gf & v
£2.45		£2.45	
Chocolate & orange tart	(see packet) gf & v	Crazy carrot cake	(458 kcal) vgn &gf
£2.45		£2.45	

BISCUITS

Mini biscuit pack	(See packet) v	Character biscuit	(323 kcal) v
£0.75		£1.60	